

# November 2009

## FULTON MIDDLE & HIGH SCHOOL

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
2 Mini Corn Dogs Baked Beans Cinnamon Applesauce Low Fat Milk	3 Sweet & Sour Popcorn Chicken White Rice California Blend Mandarin Oranges Low Fat Milk	4 Beef Ravioli Green Beans Chilled Peaches Dinner Roll Low Fat Milk	5 Philly Cheese Steak Sandwich W/Sauteed Peppers & Onion Oven Fries Chilled Peaches Low Fat Milk	6 Baked Potato Bar Steamed Broccoli Pineapple Tidbits Dinner Roll Low Fat Milk
9 Scalloped Potatoes & Ham Mixed Vegetables Chilled Peaches Dinner Roll Low Fat Milk	10 Spaghetti With Meat Sauce Green Beans Mixed Fruit Garlic Bread Low Fat Milk	11 Chicken Tenders Hash Brown Potato Chilled Peaches Dinner Roll Low Fat Milk	12 Chicken & Cheese Quesadilla Sweet Peas Pineapple Tidbits Low Fat Milk	13 Parmesan Chicken Wrap Corn Cinnamon Applesauce Low Fat Milk
16 2-4-1 Chili Dogs Corn Mandarin Oranges Low Fat Milk	17 <u>Thanksgiving Lunch</u> Turkey Gravy Mashed Potatoes Stove Top Stuffing Candied Sweet Potatoes Chilled Peaches / Dinner Roll Low Fat Milk	18 Bosco Sticks With Dipping Sauce Green Beans Fruit Cocktail Low Fat Milk	19 BBQ Rib on a Bun Sweet Peas Pineapple Tidbits Low Fat Milk	20 Crisp Oven Fries With Chili & Cheese Chilled Peaches Fresh Baked Brownie Low Fat Milk
23 Lasagna Roll Up Green Beans Chilled Peaches Breadstick Low Fat Milk	24 Beef Stew With a Biscuit Corn Chilled Peaches Low Fat Milk	25 ½ Day No Lunches Served But Join Us For Breakfast	26 Happy Thanksgiving!!	27 No School
30 Macaroni & Cheese Sweet Peas Chilled Peaches Dinner Roll Low Fat Milk		<u>Other Daily Choices Include:</u> Fresh Baked Pizza Daily Salad Specials Cheeseburger, Chicken Patty & Other Assorted Sandwiches Smucker's Crustless PBJ Balanced Choice Meals		

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.

Food Service Provided by Chartwells School Dining Services. Menu subject to change without notice.

Questions? Please Call Debbie Dayringer at (517) 236-5642

