

03/09/2016

Old Business

Decided on eliminating two units to make more time for new pre/post test procedures.

New Business

We looked at the common terms and concluded we use many in everyday instruction. Since we see students for 7 successive years the terms are a universally recognized by all students over the course of time. Some common terms that all students are familiar with by the end of first grade are as follows:

Space Awareness - self(my) space, general(gym) space.

up/down, forwards/, backwards, right left, etc.

low, medium, and high

straight, curved, and zigzag

Large/small, far/near

Effort - fast/slow and sudden/sustained

strong and light

smooth, rhythm

Relationships - round, narrow, wide, twisted.

- over/under, on/off, near/far, in front/behind,

along/through,

meeting/parting, surrounding, around, and alongside)

leading/following,

- mirroring/matching, unison/contrast, solo, alone in

mass, partners, groups, and between groups

Non-Locomotor- balancing, bending, stretching, rocking,

rolling, curling, twisting, turning, pushing, pulling,

swinging, swaying, transferring weight, jumping, and

landing

Locomotor - walk, run, leap, slide, gallop, hop, skip, and flee

Manipulative - underhand roll, underhand throw, and
overhand throw, catch, kick, and hand
dribble, hand dribble and volley.

*In addition to these terms the movement sequences and verbal cues necessary to complete a skill become universal to all students over time. It is apparent that repetitive common language is beneficial for our students

Next Meeting

04/13/2016

Next Meeting Agenda Items

No agenda at this time

Adjournment 3:00

Attendees

Randy Meier, Boone McEwen